

5th Annual Women's Festival
AGENDA

SATURDAY

- 11:00 Registration
12:00 Lunch
12:45 Welcome and Introduction to the Festival by
Linda Galloway, "The Importance of Play in Women's
Lives", followed by a discussion.
1:30 Introductions to workshops

2:00 Workshops
Wen-Do - Eileen Pedersen
Midwifery - Pam Johnson
Consciousness Raising for Fat Women - Laurie Kahn
Okanagan Native History - Molly Bonneau
3:00 New Games

3:30 Workshops
Introduction to Feminism - Helen Douglas
Sexuality - Linda Galloway
Women and Fitness - Sandee Prokipitch
Herb Walk - Molly Bonneau
4:30 New Games

5:00 Free time, registration, etc.
6:00 Dinner
Entertainment, socializing and dancing.

AGENDA

SUNDAY

8:00 Morning Stretches - yoga, etc.

8:30 Breakfast

9:15 Morning welcome - introduction to workshops

10:00 Workshops

Happiness: A Question of Balance - Fran Jasiura

Lesbianism - Donna Lee & Joanna Beyers-Coosemans

Wen-Do - Eileen Pedersen

Folk Dancing - Nancy Netting

11:00 New Games

11:30 LUNCH

12:30 Workshops

Stress Management - Trudi Locheed

Women's Literature - Webster and Bailey

Delly Dancing - Karen Haire

1:30 New Games

2:00 Workshops

Women's Music - Jody McMurray & Catherine Connell

Tai Chi - Diane Wells

Open Time - for spontaneous workshops and
discussion groups

3:45 Closing Circle - goodbyes, appreciations, singing

4:00 Group Clean Up

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INFORMATION

Childcare - Area is in the big corall beside the barn.

Hours are: Saturday - 1:00-5:00 Sunday 12:30-4:00, note, no child care during meals.

Get child care forms from Registration table.

Washrooms - Are in the barn. We expect everyone to do their part to keep them clean.

Workshops - Are in four different locations. Check the map and posted locations. Bring a blanket to sit on. Check the agenda either in the registration kit or on the notice board for times.

Consideration - We ask you to please try to be considerate of others at this festival.

Some women find nudity offensive. Therefore please take this into consideration if you wish to sunbathe, swim etc in the nude.

We would also appreciate it if you and your children would do your part in keeping the site clean and pleasant for everyone.

What's For Sale? - Webster and Bailey - Books

Okanagan Women's Coalition - T-shirts, Tapestry etc.

Susan Bubar - Hand made beaded Earrings

Vicki Starfire - Palm Readings

Fund Raising Auction - On Saturday Evening. Be ready with your bids. If you have a service or item you would like to contribute contact someone at the registration table.

Remember this is your festival - enjoy yourselves!

VOLUNTEER SHEET

We need women to volunteer to help with various tasks during the week-end festival. The areas where we need volunteers are:

Child care - to spend hours in the child care area, assisting the child care workers. or on Saturday evening during the dance.

Set up - to assist in setting up tables, chairs, dishes, food etc. 1/2 hour before meals.

Clean up - to clear away dishes, food etc. after meals and/or clean up the site after the festival.

Environment - to assist in keeping the festival site safe and clean.

Bar - to assist at the bar, serving drinks and cleaning up.

Parking - to assist in directing vehicles to the designated parking areas.

Food preparation - to assist the cook in preparing food ie cutting fruit and vegetables, one hour before meals.

Sign up for jobs at the registration table.

See other side for Information