

WEST KOOTENAY WOMEN'S ASSOCIATION  
307 Vernon Street  
Nelson, B. C. V1L 4E3  
Phone 352-9916

The Health Promotion Directorate  
Health And Welfare Canada

I am writing on behalf of the West Kootenay Women's Association and the Nelson Women's Centre in support of this proposal for providing high quality post partum care for new mothers.

In my work as a social worker and coordinator of the Women's Centre I come into regular contact with women who are isolated, abused or living in emotional or material poverty. The need for good post natal care is of course universal, however, it is women without adequate personal, social or financial resources that suffer the most. Providing early support, education and skill sharing opportunities is an excellent approach to preventing family and personal problems.

Our Association and Centre readily stand behind a project that recognizes the difficulty and value of the job of motherhood, that teaches survival skills and in general promotes the health and well being of women.

I have personally been in contact with the women who designed this project and am also very familiar with the work done by the sponsoring agency West Kootenay Family and Child Services. I do not hesitate to recommend approval of their proposal.

Should you require further information please contact me at the above address.

Sincerely



Carol Beauchamp  
Coordinator Nelson Women's Centre  
for the West Kootenay Women's Association