# December 6, 1993

## 4th Anniversary of the Montreal Massacre

#### Violence against women effects all of us:

- 51% of Canadian women have been assaulted since the age of 16
- 29 % of married women have been assaulted by their husbands
- 21 % of women assaulted by their husbands were attacked during pregnancy
- 39% of children in violent marriages have witnessed an assault

(Statistics Canada, 1993)

## Community Resources

#### Nelson Community Services Centre - 352-3504

24 hour Crisis Line Safe Home Program for women & children Counselling services for women, children, and groups for assaultive men

#### Nelson District Women's Centre - 352-9916

Drop-in for women Support Groups for women Resource library and files

# Advocacy Centre - 352-5777

Legal information & advocacy Specialized services for women victims of violence

Please contact the above agencies for additional information and other resources.

# National Day of Remembrance & Action on Violence Against Women

### Ways We Can Effect Change

- Learn non-violent ways to think and speak about ourselves and others.
- Educate ourselves and the groups we belong to, about violence against women.
- Speak out against comments and "jokes" that degrade women.
- Take an active stand against businesses that sell pornography or use offensive advertising.
- Reach out to abused women in a supportive, non-judgmental way.
- Support organizations working against violence such as Transition Houses and Women's Centres.

Nelson District Women's Centre

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