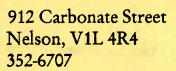
West Kootenay Family & Childcare Society

Chestnut Hollow Children's Centre

- Integrated Group Childcare
- Full, part time programs, Mon. - Fri.
- Special Needs, physio and occupational therapy programs.

Childcare Support Services

- providing resources, referrals and support to parents, children and caregivers of Nelson & area.





514 Hall Street Nelson, V1L 1Z2 352-6678

Society Administration Office above address, 352-5557

Funded in part by: B.C. Ministry of Social Services, Ministry of Health & the United Way.

Funded by: B.C. Ministry of Women's Equality.

Nelson and District Women's Centre

The Women's Centre works to improve the status of women through education, skills sharing, public advocacy and lobbying. The Centre is a project of the West Kootenay Women's Association. All women are welcome to use our services.

Drop-in
Resource files & library
Information & referral
Educational & special events
Support groups

507 Hall Street Nelson, V1L 1Z1 352-9916

drop-in hours: noon to 4pm, Tues. Wed & Fri., noon to 6pm, Thurs. Funded by: B.C. Ministry of Women's Equality; Sec. of State, Women's Programs; and donations.

May 1993

Pisplay Happy Mother's Day!



from West Kootenay Family & Childcare Society and Nelson & District Women's Centre



Every mother is a working mother!

It's that time of year again - it's our day, Moms! As nice as flowers, cards and breakfast in bed can be, our work goes on for 364 other days as well. To support the important work we do and give all our children the best possible care, it's necessary for society to recognize what we need on those other days.



Mothers in the paid workforce need access to a variety of childcare options: in their own homes, childcare centres, nursery schools, and regulated family day care. Many shift workers need childcare to be available 24 hours and on weekends. Childcare needs to be provided in urban, rural and remote communities.

Mothering is a job subject to stress. No one else is expected to work 24 hours a day, without breaks, weekends, sick leave or vacations! Women who have the opportunity to choose to stay at home with their children need to be supported with alternate care.

Adults all need to be able to spend time with other adults, whether it is visiting, recreating or working in the community.

All mothers, whether they are in the paid work force or not, should have access to high quality, affordable childcare. The provision of childcare is a central component in securing

equality for women, in combatting child, female and family poverty, and in developing healthy, happy families.

The joys of motherhood are many - let's make it possible for all of us to experience them! So Happy Mother's Day, Mom and thanks for all your hard work.

Illustrations by Chris Tripp from Family Day Care: A Caregiver's Guide